

# The Bible

TIMELESS TRUTH IN UNCERTAIN TIMES

## SPIRITUAL PRACTICE: WEEK 1

### READING THE BIBLE

A great place to start is the Gospels. Get to know Jesus through these first hand accounts of His life.

**Mark** | 16 chapters (1 per day = ~2 weeks)

**John** | 21 chapters (1 per day = 3 weeks)

**Luke** | 24 chapters (1 per day = 3.5 weeks)

**Matthew** | 28 chapters (1 per day = 4 weeks)

**Read Chronologically** | Get the flow of the story, consider starting in the New Testament.

[https://www.blueletterbible.org/assets/pdf/dbrp/1Yr\\_ChronologicalPlan.pdf](https://www.blueletterbible.org/assets/pdf/dbrp/1Yr_ChronologicalPlan.pdf)

Basic information to know about each book before you read. Bibles often have this information in the introduction to each book.

What type of writing am I reading (narrative, poetry or teaching)?

Who was the original audience?

What was the author's purpose in writing? Much of New Testament writings state this explicitly.

### ONLINE RESOURCES

**The Bible Project** | <https://bibleproject.com/about/>

Short-form videos that provide helpful overviews of books of the Bible.

**Thematic Reading Plan** | <https://www.readscripture.org/>

This reading plan highlights the big picture of the Bible and incorporates The Bible Project overview videos. It is available as an app on your phone.

**The Bible App/YouVersion** | <https://www.youversion.com/the-bible-app/>

A great resource for various Bible reading plans and devotionals.

### 7-DAY CHALLENGE: SCRIPTURE BEFORE SCREEN

If we are honest, often the first thing we turn to when we wake up is our phone to “check” email, social media or the news. For the next 7 days, challenge yourself to read God's Word before listening to any other voices. By cultivating this habit, we will place ourselves in a position to be shaped by God through His Word.